

**2016 Cass High School**

**Cheerleading Tryout Information**

We are so excited that you have decided to tryout for cheerleading at Cass High School.

The tryout dates for the 2016-2017 school year will be **March 15th, 16th, and 17th (football &**

**competition) and March 21st, 22nd, and 23rd (basketball)**.Tryouts will be held in the auxiliary

gym each day from 4:10 – 5:45. All participants must have a ride each day by 5:45.

**All days of cheerleading tryouts are closed to spectators**. Only participating cheerleaders

and coaches will be allowed in the gym during the days of tryouts. After the final tryout session,

all new members of the 2016-2017 Cheerleading program will receive a phone call congratulating

them on making a team. They will also receive further information about the **mandatory**

parent meeting, to be held **Thursday, March 24th at 5:45pm** at Cass High School.

It is VERY important that you and your parents sit down together to read through everything

that is expected as a member of the program. The following information below is included in

your packet and is very important:

 **Expectations:** Please review and make note of important upcoming dates. You

 will be expected to take part in **all functions** with the cheer program.

 **Constitution:** Please READ the rules and regulations within the Cheer

Constitution very carefully. The Cheer Constitution will be strictly enforced with

 all squads. In the event that you make a squad, you will abide by all rules in the

 constitution and the GHSA and Bartow County handbook.

\*\*The forms listed below MUST be turned in by **Friday, March 11th** to, Mrs. Weeks, in the

front office at Cass High School or to Coach Pichon (Rm. 605) if you currently attend Cass

Middle School.

* **Application Checklist:** Please fill in your name and make sure to include all forms

Requested on the checklist.

* **Application/Signature Sheet:** Please fill out this form completely and make sure you

have all signatures required.

* **Cheer Experience/Skills & Stunt Sheet:** Please fill out this form completely.
* **Physical:** You must have a current physical on file at Cass High School or Cass

 Middle School. Physicals are good for one calendar year from the date of the physical.

 The BCSS physical form can be found on the Cass High School Cheerleading website,

under “Tryout Information”.

* **Emergency Medical Release/Verification of Insurance:** Please fill out this form

completely and include a photo copy of your insurance card.

Cass High School offers multiple opportunities to be a part of the cheerleading program

including the following squads:

**Varsity Blue:** This squad will cheer all (home) football games, and any possible play-off

games. **A standing tuck is recommended for this squad but not** **required.** The season

will begin after tryouts and will end in November. All cheerleaders on this team, that also cheer

on the Varsity Competition squad, will be required to take a tumbling class at Stingrays.

(Tumbling classes are not included in the expense sheet found in the packet. Tumbling

classes are an additional $55.00 per month.) Members of this team that do not compete will

also cheer as part of the Varsity Gold squad for all away games.

**Varsity Gold:** This squad will cheer all (away) football games, and Senior Night.

**A standing back handspring is recommended for this** **squad but not required.** The

season will begin after tryouts and will end in November. Cheerleaders participating on this team

are highly encouraged to take a tumbling class at Stingrays. (Tumbling classes are not included

in the expense sheet found in the packet. Tumbling classes are an additional $55.00 per month.)

**Varsity Competition:** This squad will be made up of 15-16 squad members. This squad will

compete at 5 regular season competitions and region. A 1st-4th place finish will qualify them

to compete at the GHSA AAAAA State Championship. All members of the Junior Varsity

Competition Squad will be considered alternates to the Varsity competition squad and should

be ready to be pulled up to compete at any time.. The season begins after tryouts and continues

through November.

**Junior Varsity Competition:** This squad will be made up of 12-16 squad members ranging from

8th-11th grade and will compete at 4 competitions throughout the season. The girls on this squad

will be required to take a team tumbling/stunt class at Stingrays. (Tumbling classes are not

included in the expense sheet found in this packet.)

**Varsity Basketball:** Separatetryouts will take place **March 21, 22, and 23rd** to select this squad.

Those chosen to be on a football or squad will not automatically be placed on the basketball

squad and will be required to tryout again for this team. Deadlines for turning in required

paperwork are the same as football/competition tryouts.

Please carefully read the “Cass High School Cheerleading Rules & Regulations”, print

and fill out the last four pages of this document and return them, along with your physical

and **copy of insurance card**, to Mrs. Weeks or Coach Pichon **no later than Friday, March 11th**.

There will also be a pre-tryout informational meeting on **Thursday, March 3rd @ 5:30pm** at

Cass High School, to answer any questions that athletes or parents may have going

into tryouts. If you have any questions regarding tryouts at Cass High School or the

CHS Cheerleading Program please e-mail Coach Pichon at cassie.pichon@bartow.k12.ga.us.

Thank you for your participation,

Cassie Pichon CHS Head Cheer & Varsity Competition Coach

Brooke McDurmon Varsity Blue Football & Basketball Coach

Lindsay Kesler Varsity Gold Football Coach

Lauren Rogers Junior Varsity Competition Coach